



gala celebration Speakers

Lysne Tait

*Co-Founder & Executive Director,
Helping Women Period*

A nationally recognized leader in the fight to end period poverty, Lysne Tait is the co-founder and executive director of Helping Women Period.

Since its launch in 2015, Helping Women Period has provided more than 6 million products to menstruators in need throughout Michigan, and works to end period poverty through partnerships, advocacy, donations, and education.

Lysne and Helping Women Period have been featured in Oprah's O Magazine, TeenVogue, Today.com, Forbes, and more.



Lysne received a bachelor's degree in Education and Communication from Eastern Michigan University before teaching for six years. Lysne is an avid reader and literature enthusiast, reading at least 150 books a year. She sits on the board for the Dewitt District Library and is currently writing her first book.

www.helpingwomenperiod.org

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