



gala celebration Speakers

Shayna Budres

*Physical Therapist,
Pelvic Rehabilitation Practitioner Certification
Certified Lymphedema Therapist*

Shayna is a licensed physical therapist at our Greenville location. She obtained her Bachelor's Degree in Biology from Kalamazoo College in 2003. She studied abroad at Universidad Antonio de Nebrija in Madrid, Spain. She continued her graduate education at Northwestern University's Feinberg School of Medicine earning her Doctorate of Physical Therapy in 2005. She has worked in Greenville since graduation in both private practice and hospital settings. She went on to specialize as a STAR Oncology Therapist, a Certified Lymphedema Therapist, and a Pelvic Rehabilitation Clinical Specialist.



Shayna is passionate about creating a safe environment for patients to feel comfortable discussing these very delicate topics. She believes in empowering her clients with education and awareness on how their bodies function in order to best reach their goals. Treatment is tailored to each individual client with a goal for long term gains based on understanding the root cause of what brings them to PT.

www.hjphysicaltherapy.com/our-team/shayna-budres/

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